

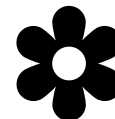
NEWSLETTER

Soon to be a hit news source!

NECHAKO ELEMENTARY SCHOOL
61 Nightingale Street, Kitimat, BC
Phone: 250-632-2912

Apr. 2024

APRIL



Haisla Words ᖃá'islak'ala

Kingfisher – ʔaʔamaq^o (*dus da mauwg*)

Wren – ćusgen (*jus gen*)

Cormorant – hauć (*ho witch*)



PRE-KINDERGARTEN VACCINE CLINIC



For students starting kindergarten, there is a clinic on Wednesday, 10 April from 9 to 3.

Please call 250-632-3181 to book an appointment.

STUDENT DROP OFF/PICK UP



FOR THE SAFETY OF THE STUDENTS

Student drop-off/pick up is located only at the Skate Park parking lot.

For safety reasons, the staff parking area and bus loop are for staff drivers only.

MORNINGS START IN LINE-UPS



Nechako's morning routine begins when students line up with their classes outside. Students should not be brought into the school/classroom before the bell.

MARCH ANNOUNCEMENTS



- 1 Apr – Easter Monday
- 2 Apr – First Day Back
- 18 Apr – School Wide Picture
- 19 Apr – School Not in Session
- 20 Apr – Growing Smiles Deadline
- 22 Apr – Robotics Competition

POWER OF THE PAUSE



Power of the pause is an exercise that helps children breathe and reduces anxiety and negative thoughts. There's an easy-to-remember phrase that reminds children to take a deep breath and then to exhale. Just instruct them to, "smell the flower, blow out the candle."

EARLY PICK-UPS DISRUPTING CLASSROOM

For early pick up, please inform the office by leaving a message. This helps minimize disruptions in the classroom.



Students are responsible for bringing their own cutlery to school.



Reminder for late students that classes start at 8:45am

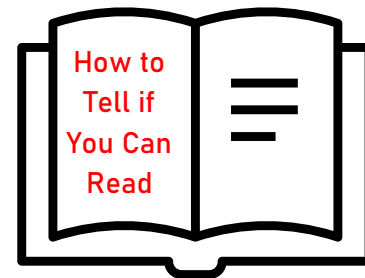


KINDERGARTEN SIGN-UPS
Reminder that kindergarten signups are happening now.



EVERY CHILD, EVERY DAY: ELEMENTS OF EFFECTIVE READING INSTRUCTION

- Every child, everyday reads something her or she has chosen.
- Every child reads accurately. Research shows that reading at 98% or higher accuracy is essential for reading acceleration.
- Every child talks with his or her peers about reading and writing. Research has demonstrated that conversation with peers improves comprehension and engagement with text.



That's Ms. Galante!



SCIENTIFIC PROGRESS

Mr. Wilkinson's Class learns about thermodynamics while watching their in-class built thermometers rise.

APRIL IS SAFETY MONTH



During April, Nechako will be practicing its drills. These include fire, earthquake, and intruder drills.

STUDENT ABSENCES

If you would like to report an absence, you can *leave a message* on the school answering machine at (250) 632-2912, or email at Gregory.judas@cmsd.bc.ca.



YOUR CHILD IS THIRSTY



SEND A LABELED WATER BOTTLE

DRESS FOR THE WEATHER



The weather is getting wet. Please ensure that students are dressed for the weather, both inside and out.

BUS ROUTES

Should you have questions or concerns regarding bus routing and scheduling, the following steps are suggested:

1. Contact the Operations Manager at Diversified Transportation bus lines at 250-635-7042 or 1-855-538-5287 for out of town.

[2023-24 Kitimat & Kitimaat Village Return to School Message & Bus Schedules](#)

GROWING SMILES FUNDRAISER

A Spring Plant Fundraiser

Where? *Nechako Elementary PAC Fundraising & our regular PAC page.*

Website is Live and ready to take orders.

NECHAKOELEMENTARY.GROWINGSMILESFUNRAISING.COM

Deadline for orders: *April 20th*

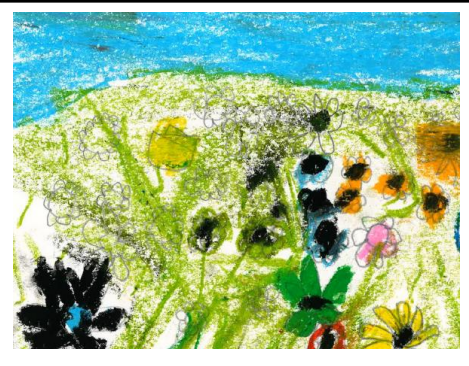
Tentative Delivery: *May 8th*

Email nechakopac@gmail.com for questions



GYMNASTICS DAY FOR MRS. BARBOSA'S CLASS

Mrs. Barbosa's class would like to take the opportunity to thank the Nechako PAC for raising the funds that allowed them to have such an amazing time learning gymnastics.



COMMON LANGUAGE AT NECHAKO

As the year progresses, we continue, and will continue, to work on our School Growth Plan that focuses on our Code of Conduct (*Be Safe, Be Responsible, Be Respectful, and Kind*) and strategies to deal with **stress**, **anxiety**, and **anger**. We use Common Language that all children can use.

Ask your children about: Power of the Pause, 60 Sec Fix, and Walk It Off.

We work everyday on our WITS Program, which stands for-

WALK AWAY,
IGNORE IT,
TALK IT OUT, and
SEEK HELP!

Children are reminded to use their words when having a conflict, such as: "Stop, I don't like that," and "how can we meet halfway?"

Students are ultimately responsible for their own behaviour. That is why we reinforce with them the common idea:

"I cannot control anyone else, but I can control-

MYSELF;
My thoughts;
My words;
My Choices;
My Actions; and
My Reactions."