

NEWSLETTER

Deciphered from crop circles.



NECHAKO ELEMENTARY SCHOOL
61 Nightingale Street, Kitimat, BC
Phone: 250-632-2912

Feb. 2024

FEBRUARY



Haisla Words ᖃá'islak'ala

Humpback Salmon – kápī (ga pee)

Dog Salmon – ᖃᖅaᖃanis (gwuh cha nees)

Coho Salmon – zawen (ja win)

Sockeye Salmon – hisen (hey sin)



SNOW STAYS ON THE GROUND

As fun as snowballs can be, a Nechako rule is for snow to stay on the ground. Small rocks, ice, and even glass can often become imbedded. There have been serious injuries as a result in the past.



STUDENT DROP OFF/PICK UP

FOR THE SAFETY OF THE STUDENTS

Student drop-off/pick up is located only at the Skate Park parking lot.

For safety reasons, the staff parking area and bus loop are for staff drivers only.



MORNINGS START IN LINE-UPS

Nechako's morning routine begins when students line up with their classes outside. Students should not be brought into the school/classroom before the bell.



FEBRUARY ANNOUNCEMENTS

- 1 – 2 Feb – Interim Reports Home
- 2 Feb – Word Nerd Day Dress Up
- 8 Feb – Class Photos / Panorama
- 9 Feb – Book Character Dress Up Day
- 14 Feb – Valentine's Day / Red & White Day / PAC Bake Sale
- 19 Feb – Family Day (No school)
- 23 Feb – Young Entrepreneurs
- 28 Feb – Pink Shirt (Anti-Bullying Day)
- 29 Feb – Extra Day (Leap Year)



POWER OF THE PAUSE

Power of the pause is an exercise that helps children breathe and reduces anxiety and negative thoughts. There's an easy-to-remember phrase that reminds children to take a deep breath and then to exhale. Just instruct them to, "smell the flower, blow out the candle."



MRS. COMBDEN'S GRADE 1'S PLACE 1ST IN CANADA

Mrs. Combden's class placed first in the Prodigy spelling program against all other classes registered across Canada between 25 Dec and 8 Jan. Overall, they're ranked in 6th place.

Students are responsible for bringing their own cutlery to school.



Reminder for late students that classes start at 8:45am



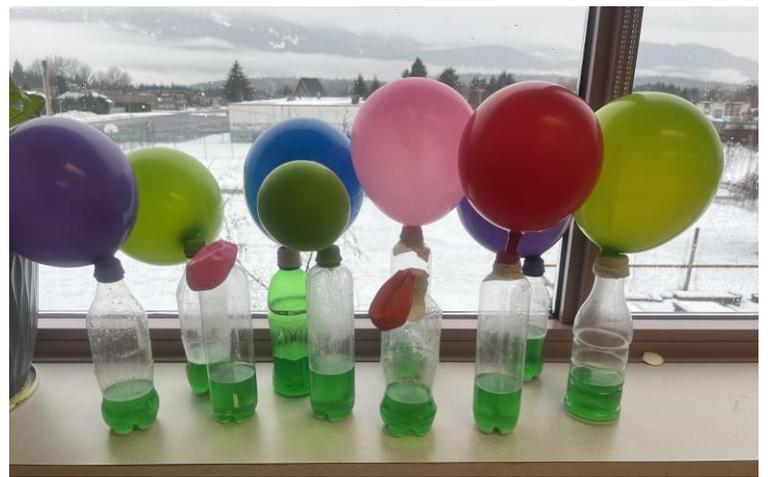
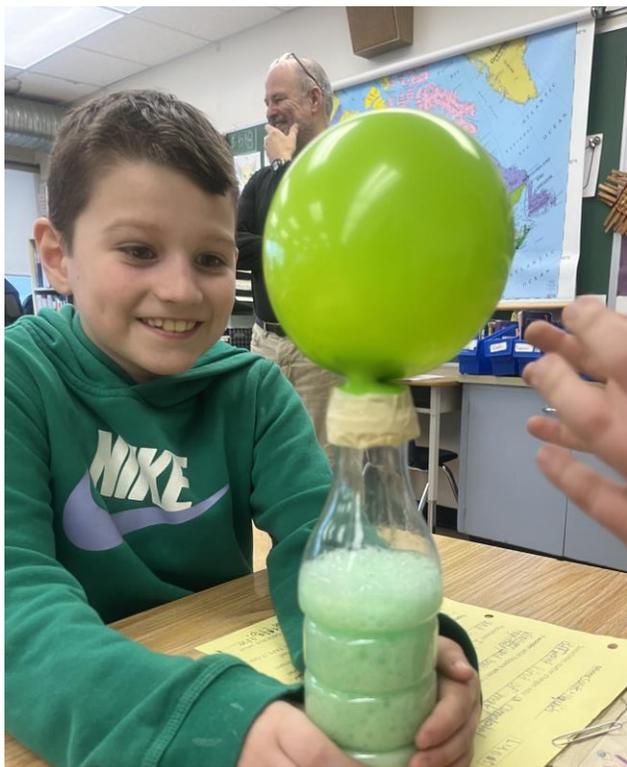
Please ensure that students are leaving their toys at home.





GRADE 3 EXPERIMENTS

The grade 3 students learned about expanding gas by creating a solution that filled balloons attached to old bottles.



STUDENT ABSENCES



If you would like to report an absence, you can *leave a message* on the school answering machine at (250) 632-2912.

YOUR CHILD IS THIRSTY



SEND A LABELED
WATER BOTTLE

DRESS FOR THE WEATHER



The weather is getting extremely cold. Please ensure that students are dressed for the weather, both inside and out.

BUS ROUTES

Should you have questions or concerns regarding bus routing and scheduling, the following steps are suggested:

1. Contact the Operations Manager at Diversified Transportation bus lines at 250-635-7042 or 1-855-538-5287 for out of town.

[2023-24 Kitimat & Kitimaat Village Return to School Message & Bus Schedules](#)



MR. WILKINSON'S CLASS GOES SNOWSHOEING



On Wednesday, 10 January, Mr. Wilkinson's class took advantage of the late snowfall to trek around the school grounds and the Nechako Forest.



THEME DRESS UP DAYS

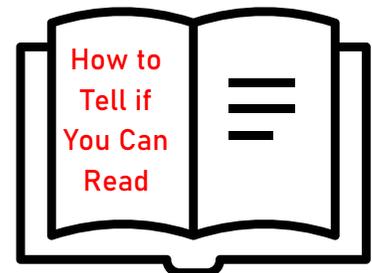


- A.) Word Nerd Day – Friday 2 Feb
- B.) Book Character Day – Fri 9 Feb

Our school-wide reading theme is... WORD NERDS!
We are going to be having fun; turning into interesting words and reading, reading, READING!!!
Students have been given pamphlets to track their home reading.

EVERY CHILD, EVERY DAY: ELEMENTS OF EFFECTIVE READING INSTRUCTION

- Every child, everyday reads something her or she has chosen.
- Every child reads accurately. Research shows that reading at 98% or higher accuracy is essential for reading acceleration.
- Every child talks with his or her peers about reading and writing. Research has demonstrated that conversation with peers improves comprehension and engagement with text.



COMMON LANGUAGE AT NECHAKO

As the year progresses, we continue, and will continue, to work on our School Growth Plan that focuses on our Code of Conduct (*Be Safe, Be Responsible, Be Respectful, and Kind*) and strategies to deal with [stress](#), [anxiety](#), and [anger](#). We use Common Language that all children can use.

Ask your children about: Power of the Pause, 60 Sec Fix, and Walk It Off.

We work everyday on our WITS Program, which stands for-

WALK AWAY,
IGNORE IT,
TALK IT OUT, and
SEEK HELP!

Children are reminded to use their words when having a conflict, such as: "Stop, I don't like that," and "how can we meet halfway?"

Students are ultimately responsible for their own behaviour. That is why we reinforce with them the common idea:

"I cannot control anyone else, but I can control-

MYSELF;
My thoughts;
My words;
My Choices;
My Actions; and
My Reactions."