

# NEWSLETTER

Now available without a prescription!

NECHAKO ELEMENTARY SCHOOL  
61 Nightingale Street, Kitimat, BC  
Phone: 250-632-2912

NOV. 2023

# NOVEMBER

Haisla Words  
ḡá'islak'ala

Thank you: *'awalacak'ith ganc*  
(ah walla qweets gins)



REMEMBRANCE DAY  
(NID IN LIEU OF 11 NOV)



Remembrance Day will be observed by the District on Friday, 10 November in lieu of 11 November.

STUDENT DROP  
OFF/PICK UP



Student drop-off/pick up is located only at the Skate Park parking lot.

The staff parking area and bus loop are for staff drivers only.

NOVEMBER ANNOUNCEMENTS

- 5 Nov – Daylight Savings Ends
- 9 Nov – Picture Retake Day
- 10 Nov – NID (in Lieu of Remembrance Day)
- 13 Nov – PAC Meeting 7:00PM (Library)
- 21 Nov – Report Cards Home
- 22&23 Nov – Early Dismissal 1:51PM
- 24 Nov – Pro D Day
- 14 Dec – Christmas Concert 1:15PM
- 18 Dec to 1 Jan – Vacation

DRESS FOR THE WEATHER



The weather is getting very cold. Please ensure that students are dressed for the weather, both inside and out.

## BEFORE & AFTER SCHOOL CARE (K-GR5)

Nechako will be offering spaces for the Seamless Day Kindergarten Program for students K to 5. This program is a before and after school care program for kindergarten students as a priority and will be offered 5 days a week from 08:00am-05:30pm.

The goal is to support families who do not currently have childcare. There will be two educators running the program. One in the morning and the other in the afternoon. They will work with the kindergarten students throughout the day to help support their learning.

For an application or additional information, please contact Tina McDonald, District Vice Principal of Early Learning and Child Care at [tina.mcdonald@cmsd.bc.ca](mailto:tina.mcdonald@cmsd.bc.ca) or 250-638-4409

## STUDENT ABSENCES



If you would like to report an absence, you can *leave a message* on the school answering machine at (250) 632-2912.

*The phone is not manned between 3:20PM and 8:45AM, and during the Lunch Hour.*

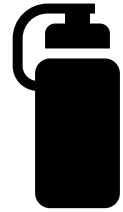
Mrs. Quinn's class  
celebrate the  
school garden  
pumpkin harvest!



PAC raised \$1115.15  
at the Halloween  
Bakesale!



YOUR CHILD IS  
THIRSTY



SEND A  
LABELED  
WATER BOTTLE

## 9 NOV PICTURE RETAKES



Photo retakes will be 9 November. For parents/guardians who would like a photo retake, *please send a note* with the students in their agendas. This helps teachers identify who needs their photos taken and will allow the process to run more efficiently.

## MOUNT ELIZABETH MIDDLE/SECONDARY - BAND



We are selling beautiful Poinsettias, wreaths, planters, and greenery to raise money for our cause. By purchasing a poinsettia this Winter, not only will you be spreading holiday cheer, you will also be supporting an amazing cause! Ordering and Paying online makes this a COVID safe fundraiser. Deadline 7 November! (Link included)

## BUS ROUTES

Should you have questions or concerns regarding bus routing and scheduling, the following steps are suggested:

1. Contact the Operations Manager at Diversified Transportation bus lines at 250-635-7042 or 1-855-538-5287 for out of town.

[2023-24 Kitimat & Kitamaat Village Return to School Message & Bus Schedules](#)



**Juno Award Winner Norman Foote performed for the students in October.**



**CAKE AUCTION DURING CHRISTMAS CONCERT**



There will be a Christmas Cake Auction during the Christmas Concert. The Nechako PAC will release more information shortly on the PAC Facebook Page.

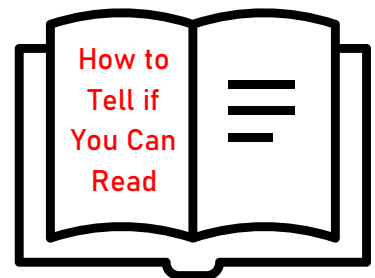
**HOLIDAY GIFT SHOP**



PAC will be holding the Holiday Gift Shop on **7 & 8 December**. More info to follow.

**EVERY CHILD, EVERY DAY: ELEMENTS OF EFFECTIVE READING INSTRUCTION**

- Every child, everyday reads something her or she has chosen.
- Every child reads accurately. Research shows that reading at 98% or higher accuracy is essential for reading acceleration.
- Every child talks with his or her peers about reading and writing. Research has demonstrated that conversation with peers improves comprehension and engagement with text.



**PAC FACEBOOK PAGE**

PAC has made a new Facebook page called "Nechako Elementary Fundraising." Please invite family and friends in the community as we will share Fundraisers there that can be taken advantage of by the whole Community.

Stay tuned to the regular PAC page for other announcements.

**PICTURE ORDERS**

Webcodes were provided on picture day. To access photos, please visit <https://weborders.mountainwest.ca>. Any active email address may be used to login.

Deadline for orders is Wednesday, 15 November 2023.

To find out more about ordering, [Click Here](#) for support, call 1-888-644-4494, or email [help@mountainwest.ca](mailto:help@mountainwest.ca)

## COMMON LANGUAGE AT NECHAKO

As the year progresses, we continue, and will continue, to work on our School Growth Plan that focuses on our Code of Conduct (*Be Safe, Be Responsible, Be Respectful, and Kind*) and strategies to deal with **stress**, **anxiety**, and **anger**. We use Common Language that all children can use.

*Ask your children about: Power of the Pause, 60 Sec Fix, and Walk It Off.*

We work everyday on our WITS Program, which stands for-

**WALK AWAY,**  
**IGNORE IT,**  
**TALK IT OUT,** and  
**SEEK HELP!**

Children are reminded to use their words when having a conflict, such as: "Stop, I don't like that," and "how can we meet half way?"

Students are ultimately responsible for their own behaviour. That is why we reinforce with them the common idea:

"I cannot control anyone else, but I can control-

**MYSELF;**  
**My thoughts;**  
**My words;**  
**My Choices;**  
**My Actions;** and  
**My Reactions."**





## Coast Mountains Board of Education School District 82

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October 31, 2023

Dear Parents and Guardians,

I have broken down some examples of how you can maximize your savings in our Before and After School programs at either Ecole Mountainview, Suwilaawks Community School, Kildala Elementary, Nechako Elementary, or Cassie Hall Elementary.

Should your household income be less than \$111,000, you are entitled to apply for the Affordable Childcare Benefit, which we can assist you in applying for. Here is the link for more information [Apply for the Affordable Child Care Benefit - Province of British Columbia \(gov.bc.ca\)](#). We have qualified for a fee reduction of \$115 per full time spot.

Here is an example of fee reductions if your household income is \$75,000, \$100,000, or \$50,000 with one child in kindergarten. You can play with the formula on the website to match the dynamics of your family. [Estimate BC Child Benefit \(gov.bc.ca\)](#). For 1 child to a married couple making \$100,000 in their household, they would qualify for an additional \$64 in rebates, a single person making the same would get \$54 in additional rebates. Should someone have three school aged children requiring care at \$100,000, each child would get \$73 in rebates.

For the same scenarios with \$75,000 in household income, the rebates would be \$152 per child regardless of the family dynamics. And at \$50,000, the rebates would be \$210 per child on top of the \$115 discounted through CCOF that we have applied to the fees as listed below.

Kindergarten full day fee: \$335  
Kindergarten morning only fee: \$110  
Kindergarten afternoons only: \$225  
Grade 1 and older full day fee: \$385  
Grade 1 and older mornings only: \$130  
Grade 1 and older afternoons only: \$255

Therefore, if you have a spot in one of our facilities and you make less than \$50,000, your kindergarten spot would be \$125 per month and \$175 per month for grades 1-5.

Please note that if you only choose a part time option, we will be offering part of that space to other families. We will provide receipts, however, we do not invoice. It is our expectation that fees will be paid at the beginning of each month moving forward.

We currently have spots in all our centers. Our hours of operation are from 8:00-5:30am.

Please reach out to me if you have any questions.

Thank you for your interest in our program. We are working out the kinks as we build this in our district.

Tina McDonald  
District Principal of Early Learning and Childcare  
[Tina.mcdonald@cmsd.bc.ca](mailto:Tina.mcdonald@cmsd.bc.ca) 250-638-4409