

# NEWSLETTER

Proudly written and edited  
on Earth

NECHAKO ELEMENTARY SCHOOL  
61 Nightingale Street, Kitimat, BC  
Phone: 250-632-2912

February 2023

# FEBRUARY

~ Xaisla Words/Phrases ~

Aiks ganulth - means  
good night

Seswaila - means  
how are you?



## Family Affordability Fund 2022 - 2023

School staff members, parents, or caregivers can make a request for financial support of a learner's fee or expense by completing a Student & Family Affordability Fund form. The form is available in every school office in Coast Mountains School District and is also available for download at: CMSD82 Student & Family Affordability Fund 2022 (fillable)

Completed forms must be submitted to the child's school, where they will be received by the Principal.

Any inquiries about the Student & Family Affordability Fund should be directed to the school Principal.



Student drop off/pick up is located only at the Skate Park parking lot.

The staff parking area and bus loop are for staff drivers only.

## February Announcements

Notice: Kindergarten Registrations  
Running from 16 Jan to 24 Feb  
**ONLINE**

**14 Feb - Happy Valentine's Day**  
**20 Feb - Family Day**  
**22 Feb - Pink Shirt Day**  
**22 Feb - Public Board Meeting**

**WHAT:** Terrace Community Band Concert

**WHEN:** Friday, 10 February, 7:00pm

**WHERE:** Mount Elizabeth Theatre (Kitimat, BC)

**HOW:** Cash Donation

Parents, students and families are invited to attend the Terrace Community Band Concert on Friday February 10<sup>th</sup> at 7:00pm at the Mount Elizabeth Theatre in Kitimat. The concert is about 45 minutes in length, and admission is by cash donation.

Families are encouraged to attend the concert. It is very exciting to have musicians of this calibre come and play for us in Kitimat. It is a great opportunity for students to hear a semi-professional concert band, and to gain knowledge and enjoyment in listening to music.

Thank you for your consideration! Hope to see you there!



## FEBRUARY IS THE MONTH OF SNOW

Please remember to dress your children warmly for the weather, and consider sending an extra pair of socks.



## **Valentine's Day Bake Sale**

**14 Feb at Noon  
\*\*\***

**Hosted by Nechako PAC**

## VOLUNTEERS WANTED

Nechako Elementary is looking for Parent Volunteers

Interested parties can inquire at the school office.



## **HAISLA DRUMMING SESSION with SHELLY BOLTON**

We'd like to say a BIG NECHAKO THANK YOU to Shelly Bolton. This month, Shelly performed several drumming sessions with all the classes.



We hope to see her again soon.

## CHARITY HOCKEY GAME



**Guns & Hoses  
Police vs. Firefighters  
Admission by Donation  
Tamtik Arena  
\*\*\***

**Saturday, 18 February 2023  
Game Time at 7PM**

## STUDENT ABSENCES

If you would like to report an absence, you can leave a message on the school answering machine at 250 632 2912.

## **YOUR CHILD IS THIRSTY**



**SEND A LABELED  
WATER BOTTLE**





Grade 3 Gymnastics

## GYMNASTICS with GABBY

Mr. Wilkinson's class participated in three dance lessons with Gabby. Students learned dance choreography and special skills. Students learned how to do the 'worm' and how to hold a pretzel pose. Thanks to the PAC for funding these lessons, and a big thank you to Gabby as well.



## RIO TINTO VISITS – GIRLS in STEM

Rio Tinto visited our grade 3 class to film and interview students about Robotics at Nechako. Rio Tinto is gathering footage to promote women and girls in S.T.E.M. (Science, Technology, Engineering & Mathematics) as well as bring the sponsor for the May World Robot Olympiad challenge. Mr. Wilkinson's students are busy learning coding, engineering and problem-solving skills in order to be prepared for robot battles in May.



## KINDERGARTEN REGISTRATIONS

Registrations for 2023/24 school year can be entered through [CMSD.bc.ca](https://cmsd.bc.ca) between 16 Jan to 24 Feb.

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*Registrations are optimized for entry through desktops and may not function as intended if registering with a mobile device.*

## Common Language at Nechako

As the year progresses, we continue, and will continue, to work on our School Growth Plan that focuses on our Code of Conduct (*Be Safe Be Responsible, Be Respectful, and Kind*) and strategies to deal with **stress**, **anxiety**, and **anger**. We use Common Language that all children can use.

*Ask your children about: Power of the Pause, 60 Sec Fix, and Walk It Off.*

We work everyday on our WITS Program, which stands for-

**WALK AWAY,**  
**IGNORE IT,**  
**TALK IT OUT,** and  
**SEEK HELP!**

Children are reminded to use their words when having a conflict, such as: "Stop, I don't like that," and "how can we meet half way?"

Students are ultimately responsible for their own behaviour. That is why we reinforce with them the common idea:

"I cannot control anyone else, but I can control-

**MYSELF;**  
**My thoughts;**  
**My words;**  
**My Choices;**  
**My Actions;** and  
**My Reactions."**



Is your child starting Kindergarten this  
year?



If so, it is time for the

Pre-Kindergarten Immunization Clinic

Wednesday, April 19, 2023

9:00am to 3:30pm

Please Call Community Health to Book an Appointment

Phone 250-632-3181 (option 1) to make an appointment!

